



## A WHSPAA welcome

A warm welcome to new readers and clubs as well as those who have been supporting us for several years now. WHSPAA is the voice for sport in our Borough and has representatives from some 160 clubs and sports. The clubs in particular are the lifeblood of sport – the recent survey showed they provide activity for some 10,000 people per week. We (WHSPAA) have some events that we hope you will find useful. The Club Forum on 'Grants, Funding and Marketing your Club', 27<sup>th</sup> September, Campus West, is particularly important in the present climate - and we have a unique presenter – see below.

Thanks, to all those who sent in items of for the newsletter. There is so much going on!

*Dave Bartlett: WHSPAA Chairman*

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presentations and take-away documentation.

Company Solutions was set up to provide finance and marketing expertise following some 8 years of successfully raising funds for their initial organisation 'Farplace' which relies entirely on voluntary funding: Gareth also worked as a fundraiser for NSPCC and RNIB.

After the presentations we will divide into groups to listen to your specific needs and try to help you find the right solutions. Documentation to take away will also be provided. We will also be launching our new website. So come and join us at Campus West, meet up with colleagues from other clubs and sports – light refreshments from 6:30 – 7pm. presentations start at 7pm. To book places email Laura at [L.6.Johnson@herts.ac.uk](mailto:L.6.Johnson@herts.ac.uk). Any queries, contact Chairman Dave Bartlett (see WHSPAA).

## New WHSPAA Website

The WHSPAA website is to promote sport and physical activity in the Borough. We have been fortunate in obtaining funding from WH Borough Council and from Sport England Small Grants, so we are able to afford a major revamp of the website. The new site - [www.welhatsports.org.uk](http://www.welhatsports.org.uk) - is easier to navigate yet with more information, and it looks more dynamic, too, using more pictures of local players.



The site holds more club details so we ask that clubs check and update their details as soon as possible. To ensure security, clubs already on the website will require a username and password. If not already registered with WHSPAA clubs should find it easier to do so. **To encourage clubs to update and/or register there will be a £50 draw each month of September, October and November.**

The formal launch will be at the Club Forum, 27<sup>th</sup> September, but any concerns or comments should be forwarded to the Chairman, Dave Bartlett, email address is at the end of this newsletter and on the About us/Contacts page of the website..

## 2010 Sports Awards

Congratulations and sincere thanks go to all those who were nominated and particularly those who were



| Calendar of Events |  |
|--------------------|--|
| 20 Sep '10         | • Deadline for Facilities Strategy input                             |
| 27 Sep '10         | • Clubs Forum on grants, funding, marketing                          |
| 7 Oct '10          | • Herts FA Community Sports Network promotion event, Gosling SP      |
| 24 Jan '11         | • WHSPAA Clubs Forum (Campus West)                                   |
| 16 May '11         | • WHSPAA Clubs Forum (date TBC)                                      |
| Jun '11            | • National School Sports Week (28 <sup>th</sup> to 2 <sup>nd</sup> ) |

## Club Forum - Grants, Funding and Marketing - 27<sup>th</sup> September

At this Clubs Forum we have some exceptionally informative and useful sessions lined up and we are extremely fortunate that CEO Gareth Edwards of Company Solutions (UK) Ltd will personally be providing the Grants, Funding and Marketing

successful this year. The Borough Council and Welwyn Times did us all proud at the presentation evening. The complete list and photos are on the Sporting Achievements section of our new website. The successful nominees have been forwarded onto Herts County Awards and the presentation ceremony is Monday 20<sup>th</sup> September.

## Herts Youth Games 2010

All our teams played their socks off and did us proud.

| Event                    | Points |
|--------------------------|--------|
| Aquathlon - mixed U13    | 10     |
| Aquathlon - mixed U15    |        |
| Athletics - mixed Yr 5&6 | 9      |
| Badminton - mixed Y7     | 2      |
| Basketball - boys Yr6&7  | 1      |
| Boccia - mixed U18       | 5      |
| Cricket - girls Yr6      | 1      |
| Football - girls Yr 3&4  | 7      |
| Netball - girls Yr9&10   | 6      |
| Rubgy - girls Yr6        | 2      |
| Table Tennis - mixed Yr9 | 6      |
| Final Position           | 9      |

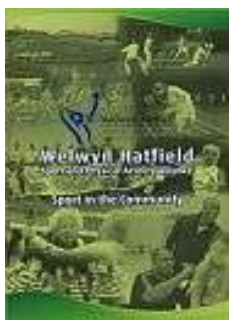
The result is indicative of the fact that many participants were playing in a tournament for the first



time and, some for example, the Cricket - girls Yr6 had never played before and after, want to continue playing, Football girls Yr 3&4 are a new team now formed at KGV FC.

## Sport in The Community Brochure 2010-2011

Following input from WHSPAA clubs and organisations the Sport In The Community Brochure for 2010 - 2011 was published in June. Copies were distributed throughout the Borough to schools, leisure centres, libraries, etc., and are available from Reception, Council Offices, Campus East, WGC.



## Club News

### Welwyn Garden City Bowls Club

In 2010 Welwyn Garden City Bowls Club have won two Hertfordshire County Championships for the first time.

In August, after a superb all round team performance, Welwyn Garden City Bowls Men's Team won the Hertfordshire County Team Ten Cup for the first time.

From 47 clubs in Hertfordshire that started the competition WGC played Royston in the Final. In an exciting and close match that went down to the very last end WGC beat Royston by 5 shots to win the cup.

The ten players from WGC had tied the game on two rinks each, winning the triples and the fours but losing the singles and pairs. In an exciting finish WGC won the match overall by winning on shots, by 75 shots to 70.



In the singles Neil Sharp only lost by one shot, 20 - 21, to England player Matt Coppen, after playing really well and leading for most of the game. In the fours Ron Jeanes, Stuart Parkhouse, Ian Stone and Allan Evans levelled the match beating a strong Royston four, again by one shot, winning by 19 to 18. In the triples Tom Stevenson, Les Brown and Mick Stephen were also in a close match and in an exciting finish won the last end by one shot to win by six shots, 19 to 13. The WGC pair of Steve Budge and Gordon Avery had played superbly but were trailing by two shots coming into the last end. The Royston pair skipped by Peter Adams could not pick up the four shots required to bring Royston level and Budge and Avery won the last end by one shot to win the match and the cup for WGC.

In the Hertfordshire County Ladies Triples, Welwyn Garden City team of Norma Cox, Elaine King and Ann O'Hare reached the County Final after winning through five rounds. In the Final they beat Baldock, in a match played at Hatfield, to win the County Triples Championship.

They beat Heather Stapleford, Rosie Castle and Shirley Page from Baldock in an excellent and exciting final. It was the first County win for a WGC ladies team for many years. After an even start the WGC team drew ahead and after nine ends lead by 11 shots to 6. After 16 ends WGC were still leading by 16 - 13. WGC then won the last two ends, both by one shot to finally win the match by 18 shots to 13.

It is also the first time for many years that a WGC Ladies team have reached a County Final and

therefore the right to play in the Women's National Championships at Leamington where they played Derbyshire in the first round, losing 13 –20 after a fine match.



WGC Bowls Club plays at Digswell Park, Knightsfield, WGC that is also the home of WGC Cricket Club. WGC Bowls Club is affiliated to the Welwyn Hatfield League, the East Herts League, St Albans and District and Hertfordshire County competitions.

WGC Bowls Club currently has players in all age groups and is always looking for new members. Open days are held on Monday and Wednesday afternoons throughout the season from April to September.

### Girls' cricket at Welwyn Garden City CC

Welwyn Garden City Cricket Club have nurtured their junior section over the last 5 years so that there are now 120 registered juniors playing for teams ranging from U9 to U15 in the Hertfordshire Junior Leagues.

However, the results of the club's efforts are not just apparent in the junior teams; the club's 5 Saturday and 2 Sunday senior teams benefit from the injection of new talent and conversely, the young players benefit from the experience of playing alongside senior players to become better cricketers.

For the last two years, the club has coached the Welwyn Hatfield Girls' Kwik Cricket team that competes at the Herts Youth Games and encouraged by the enthusiasm and commitment of the Girls involved the club has decided to launch a Girls' team for next season.

We are looking for Girls of all abilities, aged 8 and over, to come along to our indoor training sessions which will be taking place from January 2011. The sessions are fun and no specialist equipment is required as we will use soft balls for indoor training.

Training will continue outdoors after Easter and we will be looking to organise matches against local teams during the Summer of 2011.

To find out more please contact Paul Davis (Girls Organiser) on 07776 143161, email: [mrcurl01@yahoo.co.uk](mailto:mrcurl01@yahoo.co.uk) or Ian Watkins (Youth

Organiser) on 07950 831686, email: [iwatkins@mac.com](mailto:iwatkins@mac.com).

### Warriors Players at the World Cup

Whilst England's footballers struggled in South Africa this summer, the Lacrosse World Cup took place in Manchester, with England finishing a credible 5<sup>th</sup>.

In parallel to the senior men's competition, junior lacrosse teams from Europe and the USA flew in to Manchester to pit their skill and wits against a selection of England's finest young players and amongst them were four Welwyn Warriors youth team players.



Aubrey Salmins (15), from Welwyn Garden City and Danny Kelly (16), from Welwyn village were called up for the England u16 squad. James Small (16) of Welwyn village and Stephen Henthorn (17), from WGC were chosen to represent the u19 age group.

Danny, a tough, uncompromising defender introduced his best friend James to the game a mere eighteen months ago. Stephen has been an ever-present member of the senior Welwyn men's team who are the current champions in the south of England. Aubrey it seems was born with a lacrosse stick in his hand! This is the first year that all four of the boys were playing for Welwyn's senior lacrosse teams.

All four boys attend different secondary schools in Hertfordshire. They represent some of the fruits of the impressive



youth set-up at the Welwyn club. A worry for other lacrosse clubs is that there are many more players of equal potential coming through. The Warriors employ experienced American lacrosse coaches who travel to both primary and secondary schools in Hertfordshire to promote the game generally and attract young players to the Club. They also deliver a high standard of coaching for young players at the Club, as they have usually played College Lacrosse at the highest level in the USA or Canada.

The boys are modest about their achievements but were very proud to represent England, as only a few players from the south of England made the national squads.

For more information about Welwyn Warriors Lacrosse Club and contact details

Please visit

<http://www.pitchero.com/clubs/welwynlacrosseclub/>

### **Hatfield Netball Club**

Hatfield Netball Club continues to be very successful. This season we are starting with two teams in the Herts League, one in the second division and one in the third.

We have three senior teams in the Welwyn Hatfield League as well as three youth teams.

Monday evenings we have two teams in the Stevenage indoor League and one in the Turnford Mercury league.

Our Back to Netball is also very popular with one team playing last year, we encourage all ladies and girls to play whatever their ability.

Our junior club is also very competitive and train each week at Birchwood Leisure Centre.

All together we are a very busy and we would welcome more coaches and umpires to help out in the club. Contact [wendypugh30@hotmail.com](mailto:wendypugh30@hotmail.com)

### **Herts' Emily Westwood and Partner Take Gold in Herts Badminton Open Tournament**

Herts Badminton Association, supported by Ashaway, held the BADMINTON England Satellite Open Tournament, 4<sup>th</sup> and 5<sup>th</sup> September at Herts Sports Village.

- the mens singles had 72 entries and the winner was Toby Penty from Surrey
- the ladies singles had 42 entries and the winner was Georgina Bland also from Surrey.
- the mens doubles had 45 pairs and the winners were Joe Morgan and James Philips from Wales.
- the ladies doubles had 24 pairs and the winners were Jo Dix and Gemma Whiting from Hampshire and Kent respectively.
- the mixed doubles had 45 pairs and the winners were **Emily Westwood** and Arthur Cheung from Hertfordshire and Buckinghamshire respectively.

There were a dozen Herts players in total with players from Ireland and Jersey, two were ranked in the top 50 in the world.

Emily Westwood, who was also Runner-up in the ladies singles, is a 2<sup>nd</sup> year A level student at Roundwood Park school and has been on the

Hertfordshire Sports Village's Talented Athlete Programme for some 3 years, now, which she has found to be very helpful. Also, Herts Helena Lewcznska got to the semis of the ladies' doubles and Will Westwood got to the quarters of the men's doubles.

### **Hatfield Hyde Cricket Club**

Hatfield Hyde Cricket Club is based at King George V Playing Fields, W.G.C. and was founded in 1889. We are a friendly club with a proud history and welcome new players and social members. We are proud to have been the first cricket club in the Welwyn-Hatfield District to achieve 'Club Mark' status and are also an ECB "Focus Club".

The club currently have 3 Saturday teams which play in the Saracens Hertfordshire Cricket League and an occasional Sunday team. This year has been a year of consolidation for all the teams. The first XI were for a large part of the season in contention for promotion but a run of poor availability proved too much and they finished just outside the promotion spots.

The first XI also performed well in the County Trophy competition reaching the final which was played at Radlett Cricket Club. Unfortunately they could not reproduce the form which got them to the final and come runners up.

The second XI produced some fine cricket but finished in the lower half of their division and the third XI again produced some good cricket with some of the older junior members contributing with both bat and ball.

These junior members are an important part of the club and this has been emphasised this year by the club working with the Schools Sports Partnership to provide after school cricket clubs at two primary schools in the local area. The club will be working with the Schools Sports Partnership throughout the winter to promote the club to other local schools so that the club can become an important part of sports provision within the local community.

If you would like to join the club please call Eddie Mills on 07815 197611 or email [hatfieldhyde@yahoo.co.uk](mailto:hatfieldhyde@yahoo.co.uk).

The club will be organising winter nets for juniors and seniors this winter. For more information or if you would like to come along to a net session please contact Eddie Mills on 07815 197611.

The clubhouse is also available for hire for any type of functions from meetings to parties. For more information please call the club on 0845 467 1841.

### **Hatfield Queen Elizabeth Rugby**

Hatfield Queen Elizabeth Rugby Club is the friendly local rugby club for players of all abilities. The season kicked off as normal on the Saturday 4<sup>th</sup> Sept with the Jan Nelson Memorial Cup. The game is played every year to mark the life of Jan Nelson the club's coach who died in 2004. The clubs over 30s play the under 30s and this year it was the young ones that won 27-0.



The game was very well supported by ex players with the over 30s team calling on over 30 players during the game. The game was followed by a party and a raffle in aid of help for heroes at the clubs pub The Town Inn.

The club runs 2 teams with the first team playing in Hertfordshire and Middlesex Division 3 Level 12 in the RFU pyramid and the seconds play in Hertfordshire Merit Table 5. New players are always welcome contact Toby Garrett for details 07841 750999.

## Activate Forum

As we go to press, the Activate 'Health and Wellbeing Festival' will be held on Thursday 9th September, 10am – 3pm at Gosling Sports Park. It is offering people the opportunity to try a variety of activities across the health and wellbeing spectrum. It will also provide a chance to meet other like minded people in the local community. Activities include: Trampolining, Boccia, Badminton, Tennis, Table cricket, New Aged Kurling and Yoga/Pilates and there will be a selection of healthy food available. Principal organiser, Ellen Baldwin, said "it would be great to see and meet as many of you as possible as I am a relative newbie to the Activate Forum community. If you have any questions please do not hesitate to contact me by email: [activateforum@hotmail.com](mailto:activateforum@hotmail.com)."

## CHILD UK



### Moonlight Football

We are re-starting our successful moonlight football project from October to December at Gosling Sports Park, in partnership with Welwyn Hatfield Borough Council. This has previously averaged an attendance of around 60 young people from ages 13 to 18, every Friday with a peak of 85 during the project.

The aim of the league was to provide a fun, adrenalin-pumping activity for boys and girls aged 13-18 on Friday nights. Aside from the health benefits, it gave young people an opportunity to participate in something they enjoy alongside friends and team mates, while staying safe. The project will also carry on from January to March 2011 from Herts Sports Partnerships (HSP) Livewire funding and match funding from Welwyn Hatfield Borough Council and Youth Connexions.

Moonlight Football will also take place on Thursdays at Hatfield Leisure Centre from September to November 2010. The projects have both been funded by Welwyn Hatfield Borough Council and match funding from Herts Sports Partnerships (HSP) Livewire and Youth Connexions.

Street Dance will be offered at both the Livewire projects after consultations with the young people.

### Moneyhole Lane Park

We returned to Moneyhole Lane Park from 14<sup>th</sup> May until 27<sup>th</sup> August and ran a similar youth diversion project to last year which had a positive impact in the community in attempting to reduce youth related anti-social behaviour. The young people were offered a variety of sports related activities during each session. The project has been funded by HSP's Livewire and match funding from Welwyn Hatfield Borough Council. The average attendance from May to October was 29, despite often poor weather conditions.

### Youth Clubs

Child UK have been organising and helping to run the youth club at Breaks Manor Youth Centre. A regular programme of multi-skills including Street Dancing and Cheerleading has been running, that is part of the Livewire RURBAN Project on Thursdays 7.30pm-9pm for 11-19 year olds. Also, at Monks Walk School, Street Dance sessions have been organised for Young Carers in partnership with Youth Connexions, who have also partnered us in delivering a variety of sports and activity sessions for 2 weeks each at Moneyhole Park and King George V Playing Fields.

### Play Rangers

We have continued to run our outdoor play project "Play Rangers" during the June Half Term and for 4 weeks during the summer holidays. This was created and developed after our successful project for nearly 3 years in East Herts. Play Rangers is open to children from age 8 to 11 (including their siblings from 6 to 12). We use 5 open spaces such as parks in Welwyn Hatfield (one location per day), and offer a variety of outdoor sports activities such as, rounders, cricket, football, skittles, giant outdoors snakes & ladders set. Also, arts and crafts such as, drawing & sketching, jewellery making. The project is completely free for all the children.

We achieved an average attendance of 20 in June, with a very high average of 28 children attending at each site in the summer. The positive feedback received has also shown the impact it has made for the children and their

parents/guardians. The project was extended in the summer to include 2 rural areas of Newgate Street and Welham Green/North Mymms, which were a huge success with again good numbers and great feedback from children, parents and local councillors such as Irene Dean and Keith Pieri.

This is yet another successful partnership venture with Welwyn Hatfield Borough Council who has kindly funded the project, including funding from the Locality Budget Scheme.

### **Street Dance**

For 4 weeks in the summer, we have run weekly sessions at both Hatfield Swim Centre and Gosling Sports Park with an average of 10-12 young people participating at both locations.

## **University of Hertfordshire and the Hertfordshire Sports Village**

### **Sports Village Equestrian Athlete Represents GB in the European Pony Championships**



Equestrian dressage athlete Claire Gallimore represented Great Britain at the FEI European Pony Championships. Gallimore (16 years old) achieved an outstanding fifth place in the European Pony

Championships. Gallimore, who is in her final year of Ponies before moving up to juniors added: 'The Championships were so good and the atmosphere was amazing. It was so great to have a home crowd with so many British supporters'. Claire has been on the Herts Talented Athlete Programme for three years and benefits from sports psychology and the expertise of the strength and conditioning services from Performance Hertfordshire based in the Sports Performance and Development Centre at the Sports Village.

### **University of Hertfordshire Student Represents GB in the World University Rowing Championships**

Student rower Dave Bell represented Great Britain at the World University Rowing Championships. Bell competed in the Coxless Fours event with Ben Bathurst from Bristol University, Alex Holden-Smith from Oxford University and John Clay from Cambridge University. Overall they finished 8<sup>th</sup> out of 12 with a race time of 6.07 minutes. Bell who is flying off to Amsterdam for the European University



Championships on the 19<sup>th</sup> August added: 'Overall I am extremely happy, it was a very hard year for the event and many Olympic athletes were competing in it. Therefore, 8<sup>th</sup> at my first World Championships was a great result'.

### **Hertfordshire Hurricanes into GB American Football Squad**

Four current and ex-University of Hertfordshire students were part of the GB American Football Squad during the recent European Championships in Frankfurt, Germany. The four; Fab Garguilo (post-grad); Leslie Oluwalu-Wilson (2010); Fred Boyle (2009) and Matthew Meyer (2005), have all been stand-out players for the University's own American football team, the Hurricanes. Matt Meyer still maintains his service with the team in the capacity of an assistant coach.

The four competed in the week-long, six-nation tournament against the national teams of France, Sweden, Finland, Austria and Germany. Although GB lost all three of their games in the tournament, the Hurricanes contingent made a major contribution to the team. Fred Boyle was selected as one of the team captains leading into the competition.



### **Multi Activity Morning**

Hertfordshire Sports Village run a Multi Activity Morning on Thursday mornings for those who are 45 years and above. The sessions cost £3.50 and include activities such as badminton, table tennis, new age curling, outdoor bowls, swimming and aqua aerobics on the first Thursday of every month (activities are subject to change). The sessions run from 9.30am until midday. If you fancy trying something new or want to meet some new friends then please come to the sessions. All abilities are welcome and it is an incredibly sociable group!! For more information please contact Lynne Pestle on [l.pestle@herts.ac.uk](mailto:l.pestle@herts.ac.uk) / 01707 281180 or Laura Johnson on [l.johnson@herts.ac.uk](mailto:l.johnson@herts.ac.uk) / 01707 281181.

### **Livewire**

Hertfordshire Sports Village will be running archery and climbing Livewire projects in September. There will be two climbing courses taking place on Wednesdays for ages 10-12 (4.30-5.30pm) and 10-17 (5.30-6.30pm). These courses run for 8 weeks and cost £15. There will also be two archery courses. This is a new activity at the Sports Village and will take place on Thursday evenings. The 8 week course

will cost £10 and is for ages 7-10 (4-5pm) and 11-14 (5-6pm). Football in the Community will also be taking place where our qualified coaches coach children within schools.

If you would like more information or book your son/daughter onto the climbing or archery course then please contact reception on 01707 284466.

### **Junior Kids Camps Summer 2010**

This summer has seen over 250 children pass through the doors of the Herts Sports Village, taking part in any of the 11 activities on offer over the 5 week summer holiday period.

Activities on offer included Netball, Football, Climbing, Swimming, Gymnastics, Trampolining and many more. Activities are open to all children from Welwyn Hatfield and surrounding areas and have even seen children participating through Extended Opportunities funding.

Keep a look out for the upcoming October Holiday Half Term programme where a new Archery camp will be introduced alongside our ever successful usual activities. For more information please contact Steph Fanthorpe (Sports Development Officer) on [s.fanthorpe@herts.ac.uk](mailto:s.fanthorpe@herts.ac.uk) or 01707 281191.

### **New Home for Performance and Development**

Hertfordshire Sports Village is proud to announce the opening of the Sports Performance and Development Centre. The centre is based on the top floor of the de Havilland Sports and Social Club, adjacent to the Sports Village gym and is the new home for Herts Sports Partnership, Saracens Sport Foundation, Bodybalance Physiotherapy and Sports Injury Clinic and Performance Hertfordshire, specialist strength and conditioning service for sports clubs and individual athletes.

### **Swimmers made a splash this summer at Hertfordshire Sports Village**

Swimmers were entitled to a free swim at Hertfordshire Sports Village this summer as part of a pilot scheme to get the people of Welwyn and Hatfield swimming more often. Hertfordshire Sports Village endorsed the Swim4Life campaign which is part of the government's wider Change4Life initiative aimed at encouraging more people to lead a healthy lifestyle.

Casual swimmers who turned up at the Sports Village at University of Hertfordshire's de Havilland campus in Hatfield, were able to pick up a swim loyalty card which will be stamped for every swim purchased. Once four swims had been bought in any one month period, the purchaser was entitled to a fifth swim completely free.

The scheme was open to non-members as well as members who are casual swimmers and ran from June until August 15. The scheme was a real success and saw an increase in casual swim use compared to this time last year. They are currently

looking at launching the scheme again in the autumn, inline with the return of the students to the University.

If you have any questions on the scheme, contact Rhian Crawford, [R.Crawford@herts.ac.uk](mailto:R.Crawford@herts.ac.uk)

## **Finesse Leisure**

### **Stanborough Park Watersports Adventure Activities for Schools**

For a wide range of activities for schools, that tick many boxes in the curriculum Stanborough Watersports is increasingly the preferred choice for local schools.

For children aged 8 years and over, we offer Enrichment Days, term time PE Lessons, or afterschool clubs.

The range of activities includes:

6 week National Governing Body courses in Sailing, Windsurfing, Kayaking, Archery,

Teambuilding and Problem Solving Days including the perennially popular Raft Building

All activities are offered under AALA, RYA, BCU procedures with full Risk Assessments and

Operational Procedures with a range of added value extras available.

For more details please contact:

Stanborough Watersports t: 01707 276276 #3#1 or [www.finesseleisure.com](http://www.finesseleisure.com)

### **A Young Persons Guide to Stanborough Watersports**

- Foundation Level Skills, Family Fun Activities, Inclusive Activities for All (Dis)-Abilities

For 8 years' and older Stanborough Watersports is the place to go to

Learn to sail, windsurf or kayak with our Start Sailing, Start Windsurfing or Paddlepower entry level courses

Have a 90 minute fun packed Wet'n Wild party with your mates – rafting, kayaking or the wettest of all wobbly boarding

And – once you've got your first RYA or BCU certificate you can join in our Activity Clubs, two hours of fun based sailing, windsurfing and kayaking to consolidate and advance your skills. Check out our website [www.finessesleisure.com](http://www.finessesleisure.com) for more details

For more details please contact:

Stanborough Watersports t: 01707 276276 #3#1 or [www.finesseleisure.com](http://www.finesseleisure.com)



## **Gosling Sports Park**

Gosling International High Performance Centre continues to go from strength to strength, helping players achieve their potential from grassroots to elite levels, as well as taking part in a new initiative to

engage young people at risk of truanting or under-achievement.

## Wimbledon Success

Timea Babos, with partner Sloane Stephens won the Junior Girls Doubles Wimbledon title weeks after claiming the French Open Doubles crown at Roland Garros. Unfortunately in the singles competition Timea lost to her Doubles partner in a close contest in which she had been mostly dominant throughout. She has had more success throughout the summer winning the Woking 25k event in which she defeated Laura Robson and the British No.2 Katie O'Brien.

Fellow Gosling player Tara Moore has also had a successful summer, reaching the Quarter-Finals of Junior Wimbledon, where she lost to Laura Robson after winning the first set and reaching the final of the Roehampton Junior event – effectively the Queens event, but for Juniors prior to Wimbledon.

## Hit 'n' Run Summer Tournament

Sponsored by Hitn'Run, Gosling IHPC once again hosted and ran their annual Grade 4 competition which provided competition for players from 5 years old up to adult over the course of 1 week. The event ran very smoothly and was enjoyed by all.

## Wheelchair Camp & Deaf Nationals

Gosling IHPC once again hosted an other Tennis Foundation Wheelchair Tennis Camp over the course of 2 days in August. Highly attended, it was enjoyed by all and hosted a range of players from those who compete regularly, some at international level, to those just trying out the game.

Following the success of the National Deaf Tennis Championships hosted at Gosling this year, The Tennis Foundation has confirmed that Gosling will again host the championships in 2011.

## BBC Children In Need Funding bid.

Gosling Tennis IHPC is delighted to announce that their large funding bid has recently been accepted by Children in Need. This will allow the centre to initiate a large disability Tennis programme including Wheelchair Tennis, Learning Difficulties Tennis, Visually Impaired Tennis and Deaf Tennis. The funding will allow these courses to run at extremely low cost on a regular basis and will commence soon. More details to follow or please e-mail: jedgerley@goslingsports.co.uk .

## Princes Trust project

Youngsters involved with the youth charity The Prince's Trust, visited the Wimbledon Championships to celebrate the end of a seven week tennis course, initiated by the charity and sporting partners, the Lawn Tennis Association (LTA) and Gosling IHPC. The 14 to 16 year-olds, who are at risk of truanting or under-achievement, are part of the xl tennis programme which offers an introduction to the game of tennis through coaching sessions, access to educational materials in addition to sessions with

International High Performance Tennis Centre staff on nutrition and healthy lifestyles.

The initiative is designed to help improve attendance, self-esteem and social skills, and can be a life-changing experience, transforming truanting undedicated teenagers into young adults with real aspirations and love for sport. The scheme also



provided advice on associated future careers into the game and involved an introductory session at a school, seven two hour sessions and a tennis festival competition, all at Gosling, to mark the end of the course.

## Camp Gosling

This summer has seen the introduction of a range of NEW and exciting off site activities to the camp gosling programme such as a visit to Paradise Wildlife Park and Kayaking. The children have also enjoyed visits from the Police and Fire fighters, as well special sessions such as our annual Camp Gosling water fight. Overall this summers programme has been a huge success. Our next programme will run over the October half term, for more information on Camp Gosling call 01707 384307.

## Herts Sports Partnership



### HSP Services to Sports Awards

Make sure you have Monday 20<sup>th</sup> September in your diary so you can support all those sports volunteers from Welwyn Hatfield who have been nominated for awards in this prestigious event.

### Love to Move campaign:

The HSP have undertaken a series of road shows to encourage various target audiences to be more



active through walking, cycling, swimming, dance and other physical activities. One of the highlights was a joint

initiative with the Herts Golf Partnership at the Hatfield House Country Show. Nearly 500 people had the chance to try golf under the supervision of

local professionals while the HSP signed up hundreds to make a Love to Move Challenge.

Change4Life Clubs:

With support from the HSP and funding from the Youth Sports Trust, new clubs on school sites for 13-19 year olds in seven Olympic/Paralympics sports will be starting across Herts in the next two terms. In the Welwyn Hatfield School Sport Partnership alone there will be three table tennis, two Volleyball, one Fencing and one Badminton clubs which will hopefully lead to increased junior membership for local clubs. HSP are working with the relevant National Governing Bodies to provide young leader training opportunities to ensure the sustainability of this new initiative.

HSP are working with the Herts FA on an evening event to promote CSNs to the Football Clubs across the county. The event is being held at Gosling on 7<sup>th</sup> October.

For more details visit: [www.sportinherts.org.uk](http://www.sportinherts.org.uk)

## Chair Based Exercise Classes

At any age, inactive lifestyles have been shown to be associated with a decline in functional ability. It is therefore important to stay as active as possible whatever your age and current ability.

Not everyone is able to play a sport or even stand for very long so in conjunction with the Falls Prevention Service several chair based exercise classes have been set up in Welwyn and Hatfield. These classes are open to all ages and abilities and aim to improve (a person's) circulation, strength, balance, coordination and flexibility. Each exercise is designed to help improve everyday tasks such as stair climbing, carrying heavy shopping or putting your coat on more easily.

All of these exercises can also be performed standing or seated so the classes cater for a cross section of abilities. They are just £2 per person and as they are all held in very sociable settings people are encouraged to stay for a cuppa and chat afterwards.

The classes are held by specially qualified, insured instructors.

Why not come along and watch or take part in a class?

Monday 2.30pm - Barndicott Hall, Barndicott, Moors Walk, Panshanger Estate, WGC.

Wednesday 2pm - Glebe Court Hall, Brain Close, Hatfield.

Thursday 10.15am - Christchurch Baptist, 110 Parkway, WGC.

Thursday 2pm - Home Meadow Communal Hall, off Home Ley, Peartree Lane, WGC.

For more information contact Amy Stevens, Community Exercise Coordinator, Hertfordshire Community Health Services on 01438 841837.

## Chairman's Update

Once again, it is great to report that several of our Welwyn Hatfield residents are performing at the highest levels including internationally. Of particular

note is Jodie Williams who won the World Youth 100m gold and the 200m silver in Canada this summer.

Our WHSPAA Executive are glad to welcome our Council's new Sports Champion Darren Bennett on board. Darren is not only keen to promote sport and physical activity but is an active participant himself.

Following on from the success at our Sports Awards in Feb, the following have been put forward for the county sports awards categories this month: Herts Phoenix for Community Club; Aaron Ramsey for Community Volunteer; Alan Smith for Service to Sport; Jodie Williams for Young Sports Personality of the Year. The ceremony is being held on 20<sup>th</sup> September.

## Activate and WHSPAA merge

At their respective AGMs WHSPAA and Activate voted unanimously to merge the two organisations. This provides Activate with stronger support not only from the Borough Council but all the partners of WHSPAA. The decision was confirmed by Activate at the EGM 9<sup>th</sup> September.

## Sports Facilities Consultation Extended

The Borough Council's consultation on sports facilities has progressed and the meeting, 21<sup>st</sup> July, was I hope everyone agrees, very professionally managed. Common themes have emerged - lack of facilities and lack of security of tenure were reported

## Peartree Community Day

13<sup>th</sup> November, 11am – 3pm

The Family Centre, Woodhall House

Stalls, crafts, games, information

£5 per table: to book a table ring  
01707 323373, text 07977 285171

from several of our clubs. The support was strong for Angerland Common being returned to use by local clubs, in particular Hatfield Town Football Club. Support was strong, too, for a swimming pool in Welwyn Garden City. The deadline for input is 20<sup>th</sup> September: the consultation form can be found by searching on the Council's website.

## Kaleidoscope Festival in July - a Great Success Again

Our WHSPAA stand was a particular success this year with more interested visitors than ever: we managed to give away over 250 of our Sport in the Community Brochure, for example, plus lots of other literature sent in by our members. The weather was good, which helps. Herts Sports Partnership who had

the adjoining stand signed up more than 50 to the Love to Move campaign.



Thanks to those who were able to help out – particularly Gill Bartlett (pictured) who was there all day and James Lipscombe who came for a couple of hours just before work.

## Welwyn Hatfield Sporting Heroes

An exhibition has just opened in the Heritage Corridor at Campus West in Welwyn Garden City, which explores the district's sporting heroes past and present, from a range of sports disciplines.

The aim of the exhibition is to celebrate sporting success in all areas of the community, enabling those involved from Welwyn Garden City, Hatfield and the surrounding area, to share and celebrate local sporting achievement, but also to think aspirationally about their sporting goals for the future.

The exhibition features a series of 11 panels which showcase key figures in local sport. There are also three display cases which feature sports equipment and memorabilia related to local sporting achievement and a digital photo frame displaying early pictures of sport from the museum's collections. The exhibition is planned to run until the Olympics in 2012 and will feature a film made by students of the University of Hertfordshire using old film footage of sport being played locally.

The museum service is also planning to publish the information they have collected for the exhibition, as a book and also online, as well as holding a series of events tied into the exhibition, including sports themed craft sessions, a historic themed sports day and sports taster sessions, in partnership with local sports, leisure and heritage venues.

The museum service is keen to hear from anyone who has old film footage of sports being played locally and welcomes suggestions for events it could run / support, which would tie-in to the exhibition.

Please contact Jenny Oxley on (01707) 271362 or email [j.oxley@welhat.gov.uk](mailto:j.oxley@welhat.gov.uk) or write to the Curator, Mill Green Museum and Mill. Mill Green, Hatfield, Herts, AL9 5PD.

## WHSPAA

WHSPAA is an inclusive democratic organisation, comprising all sports interests in the Borough that meets quarterly. The current members include: some 160 clubs, Welwyn Hatfield School Sport Partnership, Activate Forum, Finesse Leisure Partnership, Gosling Sports Park, University of Hertfordshire, Herts Primary Care Trust, Welwyn Hatfield Community Safety Partnership, Herts Sport Partnership, Oaklands College, Welwyn Hatfield Youth Council, Welwyn Hatfield Council, Hatfield Town Council.



**WHSPAA AGM May 2010, attendees thanking the retiring Club WG Representative, Alan Smith.**

**Other visible committee members in the photo include:**

**Chairman:** Dave Bartlett, [dave@bartlett1.plus.com](mailto:dave@bartlett1.plus.com)

**Contacts Secretary:** Claire Smith, [claire.smith@goslingsports.co.uk](mailto:claire.smith@goslingsports.co.uk)

**Minutes Secretary:** Amy Stevens, [amy.stevens@nhs.net](mailto:amy.stevens@nhs.net);

**Treasurer:** Lynne Pestle, [l.pestle@herts.ac.uk](mailto:l.pestle@herts.ac.uk);

**Youth and Sports Partnership Manager:** Matt

Rayner, [m.rayner@welhat.gov.uk](mailto:m.rayner@welhat.gov.uk);

**Welwyn Hatfield Council Sports Champion:** Councillor

Darren Bennett, [darren.bennett@welhat.gov.uk](mailto:darren.bennett@welhat.gov.uk);

**Schools Partnership Development Manager:** Steve

Savva, [Steve.Savva@sfosborn.herts.sch.uk](mailto:Steve.Savva@sfosborn.herts.sch.uk);

**WHSPAA Club WG Chair** Toby Garrett

[toby.garrett@smithsdetection.com](mailto:toby.garrett@smithsdetection.com)

**Activate** James Lipscombe, [activateforum@hotmail.com](mailto:activateforum@hotmail.com);

**Child UK** John Manitar, [j.manitar@child.uk.net](mailto:j.manitar@child.uk.net);

**Community Sports Development Officer, UoH,** Laura Johnson, [L.6.Johnson@herts.ac.uk](mailto:L.6.Johnson@herts.ac.uk);



John Wenk who competed in the 800m at the 1960 Olympics in Rome representing Great Britain



**Join Change4Life today and receive a personalised pack** full of tips, tools and activities to help you start to eat better and move more.

[www.nhs.uk/Change4Life](http://www.nhs.uk/Change4Life)

# Welwyn Hatfield SSP



## Year 6 Rounder's Festival

On the 17<sup>th</sup> June the Year 6 Rounder's Festival was held at Sir Frederic Osborn School. 13 schools entered the festival and in attendance were Swallow Dell, Watchlytes, St Johns Lemsford, Oaklands, Holy Family, Welwyn St Marys, Harwood Hill, Homerswood, Creswick, Rowans, Applecroft, Panshanger and St Johns Digswell School's.



Swallow Dell, Winners

Teams were split into round robin groups with four teams progressing through to the Semi Finals. On the day Swallow Dell, Harwood Hill, Homerswood and Applecroft made it through. The final was contested between Swallow Dell and Homerswood and it was Swallow Dell who came out on top to win the event.



Runners Up, Homerswood

I would like to thank the Young Sports Leaders from Sir Frederic Osborn School for doing such a good job umpiring and scoring on the day. I look forward to the event next Year.

## Year 4 Big Lottery Outdoor Education Inclusive Programme

During the past 6 weeks Stanborough Lakes has hosted an Outdoor Education Inclusive Programme featuring water sports such as canoeing, sailing, rafting and teambuilding activities. The programme specifically targeted a select few of the partially engaged and the non engaged Key Stage 2 pupils. The aim of the programme was to increase participants self esteem, confidence, social skills through team building and leadership water sport activities.



Schools from the Welwyn Hatfield SSP who took part on this programme include Oakland Templewood, Holy Family, Our Ladys, Peartree, Applecroft, St Michaels, Lakeside (Severe and complex Learning Difficulties), Creswick, Welwyn St Marys, Essendon, Howe Dell, Birchwood, St Philip Howard, Oakview, Green Lanes, De Havilland, The Ryde, St Marys CofE and Northaw.

One pupil, Faye Davey from Welwyn St Marys School commented on the programme 'This is great fun and I am learning a lot about Sailing and making new friends'.



Steve Savva, Welwyn Hatfield SSP Partnership Development Manager said 'It was tremendous to see all the children having such fun on the water. The parents who I spoke too were full of praise for the staff and were delighted with this free opportunity for their children to participate in this programme



supported by the Big Lottery'. 'I would like to take this opportunity to thank the members of staff from schools who have supported this Partnership event and the staff at the Lakes for making it such enjoyable experience for the children.'

## **WHSPAA Club Forum on Club Grants, Funding and Marketing for your Club, 6:30pm, for 7pm, 27th September at Campus West**



Presentations by Gareth Williams, CEO, Business Solutions Ltd. Following 8 successful years of obtaining funds for their animal sanctuary, Business Solutions was established to provide sessions for all sorts of organisations, large and small, needing funds.

Come and hear about:

- +** **Grants** from the Borough Council, Hertfordshire Organisations and Sport England
- +** **Funding** opportunities from many sources, including charities
- +** **How to market your club** to encourage people to sponsor you

Then in 3 workshops, discuss your particular needs and how to use the information for you purposes.

Take away documents and CDs of successful methods.

*Refreshments at 6:30pm, Forum starts 7pm.*

To book places email Laura at [L.6.Johnson@herts.ac.uk](mailto:L.6.Johnson@herts.ac.uk).

Any queries, contact Chairman Dave Bartlett (see WHSPAA).