

af Activate Forum

Helping people with disabilities enjoy an active life

PRESENTS...



SWIMMING

THE SWIM & GYM DISABILITY FESTIVAL!



MULTI GYM



DIVING

FESTIVAL!

**AT THE HATFIELD
SWIM CENTRE**



AQUA AEROBICS

**FRIDAY 28th JANUARY
FROM 10.45 UNTIL 3.00**



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**HEALTH SPA
(16+)**

